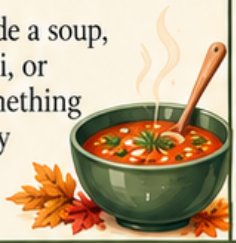
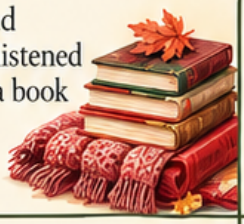
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OCTOBER THINGS Bingo

COZY MOMENTS. SMALL JOYS. A LITTLE CHAOS. IT'S OCTOBER.

Drank something pumpkin spice (or pretended to) 	Saw a fall leaf and actually stopped to look 	Wore a sweater (or at least thought about it) 	Visited a pumpkin patch, farm stand, or fall display 	Found candy you "hid" from someone 
Smelled woodsmoke (or a fall candle) and instantly felt happier 	Watched a spooky movie (or a not-so-spooky one) 	Made a soup, chili, or something cozy 	Decorated something for fall inside or outside 	Picked up an acorn, pretty leaf, or other treasure 
Got caught in the rain (and didn't even mind) 	Took a photo of something "just because" 	**Cozy October Vibes**	Spent time with a friend, family member, or favorite pet 	Saw Halloween decorations already up 
Read (or listened to) a book 	Found an excuse to wear flannel 	Baked something that made the house smell amazing 	Let go of something that no longer serves you 	Stayed in and called it a productive day 
Had a "treat yourself" moment (because balance) 	Noticed something beautiful in an ordinary day 	Made a plan for the holidays (or at least opened the planner) 	Watched the sunset earlier than you expected 	Felt genuinely grateful for something today 

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